



CAMERON HOUSE SCHOOL

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4 THE VALE, LONDON SW3 6AH

# Clubs Handbook

## **LIST OF CLUBS AVAILABLE**

<b><u>GENERAL CLUBS</u></b>		<b><u>MUSIC CLUBS</u></b>
<b>Art</b>	<b>£85.00</b>	<b>Flute</b>
<b>Chess</b>	<b>£65.00</b>	<b>Guitar</b>
<b>Computer</b>	<b>£75.00</b>	<b>Piano</b>
<b>Drama</b>	<b>£75.00</b>	<b>Recorder</b>
<b>Fencing</b>	<b>£95.00</b>	<b>Singing</b>
<b>Football</b>	<b>£105.00</b>	<b>Trumpet</b>
<b>French</b>	<b>£50.00</b>	<b>Violin</b>
<b>Karate</b>	<b>£115.00</b>	
<b>Mandarin</b>	<b>£80.00</b>	
<b>Netball</b>	<b>£100.00</b>	
<b>Tennis</b>	<b>£125.00</b>	
<b>Ballet and Tap are also available but this is organised externally by The Chelsea Ballet School.</b>		<b>For cost information, please speak to Vikki Chan.</b>

**Please note that clubs are only available to children in class 1 and above**

## **CLUB TEACHERS**

<u><b>Member of Staff</b></u>	<u><b>Subject/Instrument</b></u>	<u><b>Email</b></u>
Tim Short	Piano	<a href="mailto:timothyjshort@googlemail.com">timothyjshort@googlemail.com</a>
Marc Bengry	Fencing	<a href="mailto:joandmarc@fencing126.wanadoo.co.uk">joandmarc@fencing126.wanadoo.co.uk</a>
Sophie Scott	Drama	<a href="mailto:sophie.ss.scott@talk21.com">sophie.ss.scott@talk21.com</a>
Heran Li	Computer (Classes 5 and 6)	<a href="mailto:lheran@gmail.com">lheran@gmail.com</a>
Sylvie Deshayes	French	<a href="mailto:sylvie@cameronhouseschool.org">sylvie@cameronhouseschool.org</a>
Hugh Freeland	Sport	<a href="mailto:hugh@cameronhouseschool.org">hugh@cameronhouseschool.org</a>
Annie Honjo	Latin	<a href="mailto:annie@cameronhouseschool.org">annie@cameronhouseschool.org</a>
Michelle Walkhouse Chelsea Ballet School	Ballet and Tap	<a href="mailto:michelle.walkhouse@ntlworld.com">michelle.walkhouse@ntlworld.com</a>
Sheena Gibbs	Chess	<a href="mailto:sheena-gibbs@hotmail.co.uk">sheena-gibbs@hotmail.co.uk</a>
Rachel	Mad Science	<a href="mailto:alan@madscience.org.uk">alan@madscience.org.uk</a>
Kimberley Boyle	Flute and Recorder	<a href="mailto:kimberley_boyle@hotmail.com">kimberley_boyle@hotmail.com</a>
Lavender Ralston-Saul	Karate	<a href="mailto:lavender@ralston-saul.co.uk">lavender@ralston-saul.co.uk</a>
Catherine Gregory	Guitar	<a href="mailto:cat.s.gregory@googlemail.com">cat.s.gregory@googlemail.com</a>
Vania Stankov	Singing	<a href="mailto:operavana@yahoo.co.uk">operavana@yahoo.co.uk</a>
Ivo Stankov	Violin	<a href="mailto:violinivo@yahoo.com">violinivo@yahoo.com</a>
Vikki Chan	Music, Piano	<a href="mailto:vikki@cameronhouseschool.org">vikki@cameronhouseschool.org</a>
Marcus Reoch	Mandarin	<a href="mailto:marcus@dragonsineurope.com">marcus@dragonsineurope.com</a>
Corrine Darroux	Art Club	<a href="mailto:cdarroux@hotmail.com">cdarroux@hotmail.com</a>

## **CLUB DESCRIPTIONS AND TIMES**

### **Art**

#### **Mondays and Wednesdays: 3:40pm-4:40pm**

Children will learn art techniques for drawing, painting, fabric and sewing skills. Lessons are fun and involve a variety of materials. All materials are covered in the cost of the club.

### **Ballet**

#### **Wednesdays**

The students study the Cecchetti method of ballet with the aim of taking a ballet exam at the end of the year. The correct ballet uniform must be purchased from Chelsea Ballet Schools. If the student is entered for an exam at the end of the year there will also be an examination fee. It is not compulsory to have prior experience although for the higher grades is strongly recommended.

### **Chess**

#### **Thursdays: 12:30pm-1:30pm, 3:30pm-4:30pm**

Chess is a challenging pastime which develops logical thinking, concentration and forward planning. It is ideal for developing leadership skills amongst children with its emphasis on analysis and confident decision making.

### **Computer**

#### **Thursdays: 12:30pm-1:00pm, 1:00pm-1:30pm**

Computer club provides children with computer skills such as Internet technology, typing skills and creating presentations with computers. There is no experience needed to join the computer club as long as you are eager to learn and interested in improving computer knowledge. The computer club is held in the ICT room once a week, there are no extra costs, and the children are graded at the end of term.

### **Drama**

#### **Thursdays: 3:30pm-4:15pm, 4:30pm-5:20pm**

##### Ages 4 – 6

Allsorts drama classes for 4 – 6 year olds take them on many exciting adventures where they can explore the wonderful world of drama. The children delight in many different themes and transform themselves into their favourite characters.

##### Ages 7 -11

Allsorts drama classes for 7 – 11 year olds are designed so that the children are able to explore: improvisation, characterisation, mask work, role-play, mime and theatre games. Each term is structured so the children learn a new skill; they will enjoy devising their own plays, script writing and character development.

### **Fencing**

#### **Fridays: 2:30pm-3:10pm, 3:10pm-3:40pm, 3:40pm-4:20pm**

Fencing is an exciting individual and team sport. It is a fast, dynamic non-contact martial arts style sport that combines fitness and athleticism with technical skill and precision timing. Fencing can benefit children by developing skills they need in everyday life such as improved concentration, discipline, control, fitness, application of tactical ideas and working with others as part of a team. They will also learn leadership skills when they take turns to referee practice fights. Children will have the opportunity to earn badges and certificates for fencing. British Fencing Association Grades 1-9 are available. Fencing allows children to experience a highly competitive sport in a way which will boost their confidence and enable them to apply their intelligence and problem-solving abilities.

## **Flute and Recorder**

### **Thursdays - to be arranged with the teacher**

Flute and recorder lessons are available to everyone in school. Since the flute is bigger, pupils in the lower school may be advised to begin with recorder first until they have grown more. It doesn't matter if you have no previous musical experience, the lessons cater for all abilities. Lessons take place during the school day and pupils are entered for ABRSM Graded Music exams regularly although this is not compulsory and depends on each individual pupil. Recorders can be bought quite cheaply and flutes can be hired at reasonable rates or purchased (advisable after a terms lessons).

## **Football**

### **Mondays: 4:00pm-4:45pm**

In football club the children are split into relevant year groups to learn various football skills such as passing, dribbling and shooting. After a thorough warm up and a game, certain drills are done to improve performance. At the end of each session a match is played in each group to implement the skills learnt in the lesson and to have fun.

## **French**

### **Wednesdays: 12:30pm-1:00pm, Fridays 2:45pm-3:15pm**

There are two French Clubs according to abilities:

- children in class 2/3/4
- children in class 5/6

Both clubs work on half hour per week session. These sessions are not curriculum time where children are taught new things, they are fun sessions where we play cards or board games, make cards or talk about French traditions, go and play games in the playground or any activity the children come up with. The children also use the ICT room to play online French games or create their own (wordsearch, crosswords, etc.)

'Club Français' is for native speakers meeting on a regular basis to do readings, discuss books (each child chooses a book to read at home to discuss/recommend for the next meeting) exchange ideas in French (for example, news in France like recent French elections or any other major events happening in France).

## **Guitar**

### **Tuesdays - to be arranged with the teacher**

Guitar lessons are available to all interested - previous experience is not necessary. In lessons we learn songs with guitar accompaniment or short pieces (depending on ability), covering music theory along the way. Pupils require their own classical guitar and notebook (for recording progress). I can obtain any music books that are needed (at additional cost).

## **Karate**

### **Tuesdays: 3:30pm-4:15pm, 4:15pm-5:15pm, 5:15pm-6:15pm**

The karate club at Cameron House has been running for over 20 years and is open to all boys and girls (not Reception class). No previous experience of karate is necessary. The children will be provided with their karate suit (gi) and association badge by the club instructor after the first few lessons of term. The cost of the karate suit, which is presently £28, will be charged to the school bill. At the end of the first term of training most children are invited to take their first grading, which promotes the student from white belt to red belt. The majority of students will then be ready to attempt the next level (yellow belt) before the end of the school year. At the end of the autumn term the members of karate club are invited to compete at the annual inter-schools karate tournament. Over the past years

Cameron House has been placed highly in the league table of competing schools and the children have won many gold, silver and bronze medals. The school belongs to Hanko-Ryu Karate Association and each karate child is required to have a licence (£20 per annum) in order to grade and compete. All the paper work is attended to by the club instructor.

### **Mad Science**

**Wednesdays: 3:30pm-4:30pm**

#### Watts Up?

Learn about electricity, its properties, and its role in natural phenomena. Make indoor lightning while conducting hair-raising experiments with our electro-static generator...

#### Magnetic Magic!

Investigate the powers and daily uses of magnets. Test for electro-magnetic fields and then use what you have learned to build your own electro-magnet...

#### Optical Illusions

Build your own periscope while learning about optics, reflection and sight. Watch celebrity images change before your very eyes! Seeing is not always believing...

#### Lights... Colour... Action!

Uncover the hidden components in ordinary light and build your own Newton's Color Wheel to prove it. Attend a spectacular chemical energy display!

#### Slime

Explore the exciting world of polymers, the chemical reactions we use to create them, and the inner workings of silly putty. Transform two regular liquids into your very own slime...

#### Sonic Sounds

Discover sound, sound waves, and the way household items can be used to create amazing movie effects. Use our multi-effects processor to make a cassette tape of your altered voice.

#### Tantalizing Taste

Experiment with taste sensations while "mapping" out your tongue. Use lifesaver testing to compare your sense of smell and taste. Carbonate and taste your very own soda pop and take the "Mad Science" taste challenge...

#### Harnessing Heat

Witness a mini rocket launch while learning the properties of heat. Change the states of matter, turn solid candy into floss and make your very own cotton candy to eat!

### **Mandarin**

**Tuesdays: 3:45pm-4:30pm, 4:30pm-5:15pm**

The Chinese Dragons Club is an after-school activity which will provide young children with the fundamental basics of Mandarin Chinese. The club is run by native speakers who combine basic learning with art, songs, games and competitions in a fun and friendly atmosphere. Given that 25% of the world's population now speak Mandarin Chinese, the ability to speak the language will be one of the most important linguistic skills of the 21<sup>st</sup> century. Most importantly, this is a fantastic opportunity to provide young children with the fundamental basics – after all, the earlier they begin, the easier it will be!

### **Netball**

**Thursdays: 3:15pm-4:00pm**

In netball club the children learn various netball skills such as passing, dodging and shooting. After a thorough warm up and a game, certain drills are done to improve performance. At the end of each session a match is played in each group to implement the skills learnt in the lesson and to have fun. Children get a chance to play different positions each week.

## **Piano**

### **Mondays (Tim), Throughout the week (Vikki)**

Children have a weekly individual 30 minute piano lesson with the time rotating each week to cause minimum disruption to curriculum time. Lessons are provided by visiting instrumental specialists and are invoiced by the teacher directly at a rate of £15 per individual half-hour lesson.

## **Saxophone**

Children have a weekly individual 30 minute saxophone lesson with the time rotating each week to cause minimum disruption to curriculum time. Lessons are provided by visiting instrumental specialists and are invoiced by the teacher directly at a rate of £15 per individual half-hour lesson.

## **Singing**

### **Wednesdays - to be arranged with the teacher**

The singing club provides tuition for all children wishing to develop their voice and learn how to sing. Beginners are very welcome and previous experience is not required. The books and any other extras are billed to the parent, under the recommendations of the teacher. There are no singing exams as such to pass in school, however some of the children are put forward for the ABRSM Exams each term, upon the teacher's discretion. Also there are often concerts organised during the term where the children are encouraged to take part and sing. Singing club is only for upper school children.

## **Tap**

### **Wednesdays**

The students learn to tap dance and focus on rhythm. The uniform can again be supplied from Chelsea ballet schools along with the tap shoes. There is no exam at the end of the year and the class is held for mixed abilities with no experience necessary.

## **Tennis**

### **Thursdays: 3:15pm-4:00pm**

In tennis club, children are given a thorough warm up. They are split into groups according to their ability. They then work on improving their skills by doing drills focusing on forehand, backhand, service and volley. Games are played to introduce the children to match play and to improve their stroke play.

## **Trumpet**

### **Fridays**

Children have a weekly individual 30 minute piano lesson with the time rotating each week to cause minimum disruption to curriculum time. Lessons are provided by visiting instrumental specialists and are invoiced by the teacher directly at a rate of £15 per individual half-hour lesson.

## **Violin**

### **Fridays - to be arranged with the teacher**

The violin club provides tuition for all children wishing to learn the instrument. Beginners are very welcome and previous experience is not required. The instrument, books and any extras are billed to the parent, under the recommendations of the teacher. There are no violin exams as such to pass in school, however some of the kids are put forward for the ABRSM Exams, upon the teacher's discretion. Also there are often concerts organized during the term where the children are encouraged to take part and perform on the violin.

## **Extra Musical Clubs (No charge)**

### **Choral Group**

**Fridays: 8:00am-8:30am**

The Choral Group is a small group of children (usually around 12) which meets every week at 8.00am on Fridays. The group is selected by the Head of Music at auditions conducted in September. The purpose of the group is to allow children who are keen singers to have extended opportunities for choral singing. The group covers more challenging repertoire than the school's other two choirs, including multiple part singing and solo opportunities. In addition to performing at all whole-school musical events, the Choral Group performs externally, with recent performances including the Chelsea Festival, the London Schools' Concert at the Royal Academy of Music, and Carol Singing at the Bluebird restaurant.

### **Orchestra**

**Mondays: 8:00am-8:30am**

The Orchestra meets every week at 8.00am on Mondays. It is a mixed ability group for different instruments with children being put forward by their instrumental teachers or invited at the discretion of the Head of Music. On average, the minimum standard required is around Associated Board Grade 1. All standard orchestral instruments are welcome, with the recorder included. The Orchestra performs at the termly services at St. Luke's Church, as well as the Upper School Concert in the Spring.

### **Music Technology**

**Tuesdays: 12:30pm-1:00pm**

Music Technology club is a one-term course allowing children to develop their skills at selecting arranging sounds, combining and developing compositions and design skills. Children work on computers using a piece of software called 'Super Duper Music Looper'. This software is a mixing and looping package that enables children to take short pre-recorded sounds and combine them to make larger compositions. To add a design aspect, children then design their own cover for a CD using publishing software. At the end of the term, the compositions are burned onto CD and a complete CD, including cover art is given to each child.